

Supporting the Lesbian, Gay, Bisexual & Transgender community

Bay Pride

Queensland Association for Healthy Communities (07) 5451 1118 or 1800 177 434

HEAT

“Halloween”

Dance Party



Bundy's LGBTI Dance Party

Saturday, 29 October 2011

8.00 pm till late

Spinnaker Bar & Restaurant

1A Quay Street, Bundy

\$6 entry fee.

Raffles and Lucky Door Prize

Phone: 0413 101 723

Facebook: LGBT Bundy Events

Email: lgbtbundyevents@hotmail.com

Welcome



How do lesbians hold their liquor?

By the ears. (Ba-dum-bum).

Business Advertisement Price List

Advertisement Size	Cost Per Issue
1/8 Page	\$10
1/4 Page	\$20
1/2 Page	\$40

All non-profit community ads are free.

To advertise, contact Tim:

Phone: (07) 5458 9302

Email: tspratling@qahc.org.au

Welcome to Issue 17, the Spring edition of Bay Pride. Bay Pride informs the Wide Bay and Fraser Coast (Bundaberg, Hervey Bay & Maryborough) LGBTI communities of events, social groups, businesses, supportive services and healthy lifestyles.

A big THANK YOU goes to the following people for their articles, reviews, reports, assistance and input Sally, Ben, Joan, Joss and Ann.

For contributions and Editorial inquiries: baypride@live.com.au



Bundaberg Police Gay & Lesbian Liaison Officers

Senior Constable Ann SIMMONS

Constable Natalie RICKARDS

Phone: 4153 9084



MYTH

HE DIDN'T SUGGEST USING
CONDOMS SO HE MUST BE
HIV NEGATIVE.

FACT

HE MAY NOT KNOW HOW TO TELL
YOU HE IS HIV POSITIVE OR HE MAY
ASSUME YOU ARE POSITIVE TOO.

Disclaimer:

All articles, advice and information included herein are written by various individuals who volunteer their input. While Bay Pride magazine puts every effort into providing honest and accurate information and where possible, reference to research articles are made to validate content, it cannot be held liable for any errors or inaccuracies in published articles. The views expressed in this newsletter are not necessarily the opinions of the Editor, their associates, advertisers or supporters. Publication of contributions will be at the discretion of the Editor. Any articles containing racist, sexist, homophobic or defamatory remarks will not be published. Other original contributions and letters are welcomed and encouraged. Articles in Bay Pride cannot be reproduced without permission.

Reviewed



His life changed history. His courage changed lives.

Academy Award winner Sean Penn stars in this stirring celebration of Hervey Milk, a true man of the people.

Milk is based on the inspiring true story of the first openly gay man elected to a major public office. This compelling film follows Milk's powerful journey to inspire hope for equal rights. Helen

Free Australian online eBooks & audio publications gay-ebooks.com.au and lesbian-ebooks.com.au

Since 2005 gay-ebooks & lesbian-ebooks have been publishing local gay and lesbian literature online - the authors don't get paid and the downloads are all free - they are "community" in its purest sense.

Their goal is to promote and encourage local writers/writing and get the work out to readers. Their download figures have also steadily grown with around 10,000 copies for each new volume being the average after a year or so on-line. They also publish free on-line copies of the winners of the annual Mardi & Feast comps in Sydney and Adelaide, plus novels and other literary bits and pieces.

For the ebook editors it's all the fun bits of publishing without the boring paperwork and GST! From what I have downloaded from them, I don't believe that I will ever buy an LGBTI book again. Great work guys!!

Email: enquiries@lesbian-ebooks.com.au or enquiries@gay-ebooks.com.au



coffee & **cream**
the place to **meet**

sven reichelt, vicki jasperse
& paul crossley

cafe, caterings & functions

great coffees, cakes & deli items
gluten free & low fat options

cafe pialba place shopping centre
shop 48 / 30 main street
hervey bay qld 4655

phone 07 4124 0488 fax 07 4124 8299
email coffeandcream@dodo.com.au

Healthy Communities.....

Q: What is Healthy Communities?



A: We work to improve the health and wellbeing of all lesbian, gay, bisexual and transgender (LGBT) Queenslanders and build the capacity of the community.

WE ARE

- ✓ An LGBT organisation
- ✓ Not-for-Profit
- ✓ Community-based
- ✓ A registered health promotion charity
- ✓ A deductible gift recipient
- ✓ A State-wide organisation

WE ARE NOT

- ✗ A Government agency
- ✗ Well-funded/rich
- ✗ An AIDS Council
- ✗ Only a gay men's organisation
- ✗ Funded for most of our LGBT community work

How can you help us improve the lives of LGBT Queenslanders?

- Become a member www.healthycommunities.org.au/member
- Volunteer www.healthycommunities.org.au/volunteer
- Make a donation www.healthycommunities.org.au/donation
- Sponsor our events & fundraising efforts www.healthycommunities.org.au/sponsors
- Leave a bequest in your Will to further our efforts to improve LGBT health and wellbeing
- Lobby your local MP for more funding for LGBT health and wellbeing so that we can achieve equality in health for all LGBT Queenslanders.

Their for us all.





Q: What does Healthy Communities do for the LGBT community?



A: Some of our projects (and their funding status) include:

EQUALITY IN HEALTH

FUNDED

-  Gay Men's Sexual Health Program
-  2 Spirits Indigenous Sexual Health Project
-  LGBT Alcohol, Tobacco and Other Drugs Project
-  LGBT Awareness Training



UNFUNDED

-  LGBT Counselling and Information Services
-  LGBT Mental Health Project
-  LGBT Ageing Action Group
-  Lesbian Health Action Group
-  LGBT History Project
-  Community Events
-  Anti-Homophobia Project
-  LGBT Multicultural Action Group
-  Healthy Communities Fund
-  Transgender Health
-  LGBT Resource Centres
-  Marriage Equality
-  Advocacy and lobbying

LGBT people suffer a disproportionate amount of health and wellbeing issues compared to the wider community (e.g. mental health, drugs & alcohol, obesity, homelessness...), but there are few programs funded to specifically support our community. Many LGBT people have also experienced stigma & discrimination from mainstream services or fear 'coming out' and getting the service they need.

Help us achieve Equality in Health by: contacting your local MP and advocating for more funding for LGBT health; making a donation; leaving a gift in your Will; volunteering; attending our events; sponsoring our efforts, or becoming a member.

Follow us





Have you been shutterbugged!!



Sexual Health Clinic

1st Floor, 312 Bourbong Street (Corner of Bourbong and Hope Street opposite Mater Hospital and Queensland Ambulance Station) Go past the Hospital and it is 2 Blocks down on the left.

Opening Hours

Monday	8:30-3:00
Tuesday	8:30-5:00
Wednesday	8:30-5:00
Thursday	9:00-6:00



The Sexual Health Clinic is a free services, fully funded through QLD Health. The staff at the Bundaberg clinic are extremely LGBT friendly and take an active role in the health and wellbeing of the LGBT community.

The services available at the clinic include:

- Visiting HIV medicine specialist clinic
- Monthly pap smear clinic
- Sexual Health testing and treatments
- Condoms, lube and dams provided
- Community Education and Health promotion
- Hep C testing, counselling and referral
- HIV management and share care option
- Needle and syringe program available

Lesbian Health Action Group

The Lesbian Health Action Group (LHAG) was developed in September 2008 by a group of lesbians who were concerned and compelled to act on the growing health needs of their community.

The goals of the group are:

1. to improve the health and wellbeing of lesbians and same sex attracted women in Queensland
2. to build on past and current initiatives and the existing strengths and resources of women
3. to develop new and innovative responses to lesbian health using evidence-based practice

Membership of the Action Group is open to all those who support the goals of the Group and are willing to work to achieve them.



Events



Hervey Bay

BBQ Picnics

*Bring family and friends to a relaxed social atmosphere.
Look forward to seeing you there*



When

1st Sunday of the Month at Hervey Bay
1pm Check www.frasergays.com just before the event

Where

Shelter, Dayman Park Urangan Hervey Bay
(check both shelters)

Bring

Food, drinks, something to sit on, sunscreen, etc.

It's a family and dog friendly park

More Info

Visit www.frasergays.com or Email: sunshinesal@dodo.com.au



www.frasergays.com



Maryborough

Diversity!!

Its Back for its 11th Birthday!!

19 November at 9pm
Criterion Hotel
Warf Street

For more information

Facebook page: Di Versity

Email: diversity1@y7mail.com

Visit www.frasergays.com

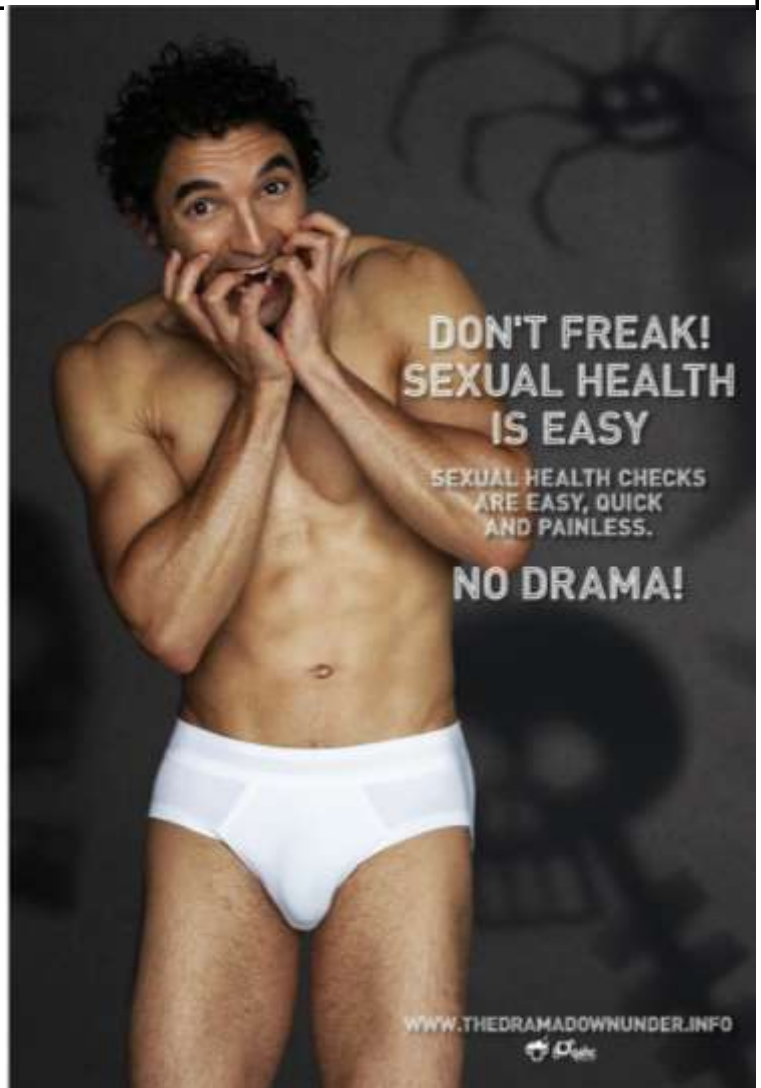


Talking STIs

Disclosing, notifying, informing and talking to your partner about your STI/HIV status can be scary. For guys who like to hook up at beats or sex on premise venues talking about your sexual health might come down to being the person who pulls out a condom. For those who have a regular sex partner, sexual health and testing might be something that comes up after seeing the person for a couple of months and may break or make the relationship. And for some **guys talking about your sexual health to the person you're about to have sex with is just not going to happen.**

If you're looking for some help in telling a partner about a recent sexual health test result the www.thedramadownunder.info is a great site that allows you to send partners an anonymous e-card or SMS. Just visit the site click on LET HIM KNOW and click on the pair of underpants that say e-card or SMS. Then **enter your partner's name, mobile phone number or email, pick an STI and send the message.** If you or your partners have an untreated STI you may end up passing STI'S back and forth. Even though talking about your sexual health can be uncomfortable it's important for your partner or the other guys they sleep with to know they have an STI. Most STI'S are treatable and if treated can reduce the risk of HIV transmission which will make sex safer for you if next time you forget to use a condom.

Amanda Dean



Service Directory



LGBTI POLICE LIAISON OFFICERS
Bundaberg Officers are:
Senior Constable Ann SIMMONS
Constable Natalie RICKARDS
Phone: 4153 9084

Men's Sexual Health Line

1800 155 141

A Regional Queensland info site for guys who like guys.
Str8 talk about not so Str8 Stuff. www.men.org.au

Open Doors

Supporting lesbian, gay, bisexual and transgender young people

Open Doors

www.opendoors.net.au

(07) 3257 7660

Supporting lesbian, gay, bisexual and transgender young people



Q-Clinic Wide Bay Sexual Health Service

Phone: (07) 4150 2754

Monday 8.30-3.00

Tuesday 8.30-5.00

Wednesday 8.30-5.00

Thursday 9.00-6.00

Q-Clinic provides free, confidential testing and treatment of sexually transmissible infections.



QPP is a peer-based advocacy organisation which is committed to actively promoting self-determination and empowerment for all people living with HIV (PLHIV) throughout Queensland.

1800 636 241

www.qpp.net.au

Do you own or run a local business?
Would you like to be a Bay Pride distributor?
Yes?

Contact Tim on:

(07) 5451 1118 or tspratling@qahc.org.au

Queensland Injectors Health Network

QuIHN is a not for profit, state wide NGO that addresses illicit drug use in the community. QuIHN provides counselling, social support services, education & training, needle and syringe programs, health promotion, advocacy and outreach services. QuIHN has a particular focus on working with injecting drug users in order to prevent the spread of HIV, Hepatitis C and STI's.

<http://www.quihn.org.au/>

1800 172 076



Spiritus Positive Directions

www.positivedirections.org.au

(07) 5441 1222

Positive Directions is a statewide care co-ordination, information and referral service for People Living With HIV/AIDS (PLWHA) based on the Sunshine Coast. We providing outreach services to Wide Bay quarterly.



Queensland Association for Healthy Communities

QAHC promotes the health and well-being of lesbian, gay, bisexual and transgender Queenslanders. We are a not-for-profit, community based organisation, funded by government grants and community fundraising, donations and sponsorships.

www.qahc.org.au

1800 177 434



Relationships Australia offers counselling to members and families of the LGBT community in a safe, comfortable and confidential space. 'Rainbow Reps' have all received specialised training and support in working LGBT communities.

Relationships Australia

1300 364 277

Ask for the Rainbow Rep in your area.

Research Participants Needed

Lesbian Aged Care needs

Li-Min "Melody" Lee is a student from Taiwan undertaking her Master of Public Health at the University of Queensland. As a student and a lesbian, Li-Min thinks the aged care service needs of LGBTI people is an important issue, but it has been given little attention in the field of health care policy research.

As part of Li-Min's research dissertation, Li-Min is inviting older lesbians to be part of a study to better understand lesbian experiences of accessing aged care services, as well as their concerns about aged care service needs in Queensland. The findings of the study will provide recommendations for appropriate aged care services for lesbian women that will be relevant to health care service providers and policy makers, and will make a valuable contribution to the LGBTI community.

Please tell any friends, colleagues or anyone you feel may be interested in assisting Li-Min with her research. Please contact Li-Min "Melody" Lee on limin.lee@uqconnect.edu.au or phone 0431 730 287 to participate.

Central Coast
Community
LIBRARY



The HC Central Coast Community Library is waiting for you!

This is a community library and most of the **books and DVD's have been kindly** donated by community members. We are more than happy to post books out to people who are unable to come to the resource centre. We have a huge range including fiction and non-fiction.

For FREE membership, phone (07) 5458 9302.

http://www.librarything.com/profile/QAHC_CCCL

To browse the collection click on "Your Library"

Remember joining & borrowing from the Library is FREE, just fill out a membership form and email it back. To borrow, simply call or email with the books or DVD's you'd like and if you are unable to collect them, we'll post them out to you ANYWHERE from CABOOLTURE to ROCKHAMPTON.

START BORROWING NOW!!!



Art and Craft for Life

World AIDS Day 2011

Let the Creative YOU Shine!

**Celebrate the Life of Loved Ones Living
with HIV**

(and for those who live on in our memory)

**Create a piece of art or craft reflecting the
life of your family member, friend (or
yourself!) that can be displayed for our
Community during World AIDS Week!**

**For more information call
Q Clinic**

4150 2754



**Queensland
Government**